

June 29, 2019 • East Park, Mason City • 9 a.m. (packet pick-up @ 8:30 a.m.) Fee: $\$ 10$ before June 11 • $\$ 15$ late registration
All runners receive a T-Shirt, Medal, Healthy Snack, YMCA Day Pass, Water Bottle, Free Kiwanis Fun Fair, and a FREE ticket to one of the Super Inflatables.

When you register, you will receive a training packet to help train for the race!
8:30 a.m. Packet Pick-Up
8:45 a.m. Warm up with the Army
9:00 a.m. First Race Starts
Toddler Trot ( $2-5$ years old)
5-13 year olds, choose your own distance: • 5 mile • 75 mile • 1 mile
For more information please contact Casey Curoe at 641-422-5999
1840 South Monroe Avenue, Mason City, lowa 50401 • www.masoncityymca.org

I am the parent or legal guardian of the said minor child and said child has permission to participate in the Cannonball Fun Run and following activities to be held June 29, 2019. I hereby release and waive all liability against the event sponsors, coordinators, volunteers, event workers, City of Mason City and the Mason City YMCA from all claims arising out of my child's participation in the Cannonball Fun Run and following activities.

Please make all checks payable to the Mason City Family YMCA.
Cannonball Fun Run - June 29, 2019
Participant Name $\qquad$ Age $\qquad$
Address $\qquad$ City $\qquad$
Phone $\qquad$
T-Shirt Size $\square{ }_{2 T} \square_{3} \quad \square \mathrm{YS} \square \mathrm{YM} \square \mathrm{YL} \square \mathrm{AS} \square \mathrm{AM} \square \mathrm{AL}$ Registrations after June 10 will not be guaranteed shirt size preference.

Signature of Parent $\qquad$
The YMCA and Friends of the Cannonball 457 has permission to photograph or videotape my child for promotional, advertising, and media purposes. $\square$ Yes $\square$ No

