14TH ANNUAL CANODERATE DAY KIDS FUN RUN!

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THE Y: WE'RE FOR YOUTH DEVELOPMENT, HEALTHY LIVING AND SOCIAL RESPONSIBILITY. HyVee.

June 29, 2019 • East Park, Mason City • 9 a.m. (packet pick-up @ 8:30 a.m.) Fee: \$10 before June 11 • \$15 late registration

All runners receive a T-Shirt, Medal, Healthy Snack, YMCA Day Pass, Water Bottle, Free Kiwanis Fun Fair, and a FREE ticket to one of the Super Inflatables.

When you register, you will receive a training packet to help train for the race!

8:30 a.m.	Packet Pick-Up
8:45 a.m.	Warm up with the Army
9:oo a.m.	First Race Starts
	Toddler Trot (2 – 5 years old)
	5 – 13 year olds, choose your own distance: • .5 mile • .75 mile • 1 mile

For more information please contact Casey Curoe at 641-422-5999 1840 South Monroe Avenue, Mason City, Iowa 50401 • www.masoncityymca.org

I am the parent or legal guardian of the said minor child and said child has permission to participate in the Cannonball Fun Run and following activities to be held June 29, 2019. I hereby release and waive all liability against the event sponsors, coordinators, volunteers, event workers, City of Mason City and the Mason City YMCA from all claims arising out of my child's participation in the Cannonball Fun Run and following activities.

Please make all checks payable to the Mason City Family YMCA.

Cannond	Dall Fun Run - June 29, 2019		
Participa	nt Name	Age	
Address _	City		
Phone			
T-Shirt Size 2T 3T YS YM YL AS AM AL Registrations after June 10 will not be guaranteed shirt size preference.			
Signa	ture of Parent		
	The YMCA and Friends of the Cannonball 457 has permission to my child for promotional, advertising, and media purpose		